

Health Council
Asbury United Methodist Church
February 22, 2009

Attendees: Bobbi N., Tracy J., Jean S., Jeanelle H., Vicki D., Eileen H., and Pastor Kip

Note: The minutes of the Feb. 2 meeting were amended to add: Committee voted to not allow Life Line Screening to come to Asbury.

1. SIGH: Marilyn H. went in Feb. to help. We will need someone to help on Wed., March 18. Martha or Marilyn H. will help again if needed.
2. Easter Basket: Jean S. has a basket we can use. Jeanelle H. will buy health supplies to fill it and we will all pitch in to help pay the expense. The baskets need to be at the church on April 4.
3. Shawl Ministry Tea: Decided as a committee to wait until sometime in May to hold this tea. Eileen will contact Jeannie Richards about a good date.
4. CPR: Tracy will put out a sign up sheet to determine interest.
5. Five Wishes: There are about 9 people signed up. We will have this class on April 19 at 10:20 am in the Library.
6. Food Prep Clinic: Tracy will write an article for the Circuit Rider.
7. Blood Pressures: Tracy would like to organize taking blood pressures between services one Sunday a month. She will get guidelines from Sanford. Jeanelle has agreed to help.
8. Sad Isn't Bad: Grief support for grades K-12. Tracy has more information.
9. Parish Nurse Dedication: The dedication will be held at all three services in the morning. Jean will represent Health Council at the 8 am service and Eileen will attend the 9:15 and 11:15 services. Tracy's office hours will be on Mondays from 10 am to 12 pm.
10. Jean S. reported on the Avera Parish Nurse meeting that she attended. She reported that several communities were represented. There was a speaker that talked to them about Behavioral Health and Spirituality.

Meeting adjourned. The next meeting will be March 23 at 7 pm.

Submitted,
Eileen H., Chairperson